

We are proud members of Meals on Wheels America®.

We provide Meals on Wheels and Transportation services to the following Hamilton county residents:

- Amberley Village
- Arlington Heights
- Blue Ash
- Brentwood
- Camp Dennison
- Deer Park
- Dillonvale
- Evendale
- Forest Park
- Glendale
- Golf Manor
- Green Hills
- Indian Hill
- Kennedy Heights
- Kenwood
- Lincoln Heights
- Lockland
- Loveland
- Madeira
- Montgomery
- Mt. Healthy
- New Burlington
- Northbrook
- Northgate
- Pleasant Run
- Reading
- Rossmoyne
- Sharonville
- Silverton
- Springdale
- Springfield Township
- Sycamore Township
- Symmes Township
- Woodlawn
- Wyoming

We invite you to call or stop in today to see the programs and services we offer to older adults at home so you can Live Life your way!



11275 Springfield Pike
Cincinnati, Ohio 45246
Tel: 513.984.1234
Fax: 513.686.1040
www.mkoutreach.org



mapleknoll
OUTREACH SERVICES
FOR SENIORS

**Outbound Services
That Deliver**

Maple Knoll Outreach Services for Seniors

Maple Knoll Outreach Services for Seniors is a focal point in Southern Ohio for programs designed for older adults. Our mission is to stand as a foundation for older adults to live their lives with independence and dignity for as long as possible in their own homes.

Maple Knoll Outreach Services for Seniors is owned and operated by Maple Knoll Communities, a nonprofit organization with 168 years of experience serving older adults. Services available were previously offered through Sycamore Senior Center which no longer exists as a functioning center for older adults. Vital Sycamore Senior Center programs were transferred to Maple Knoll Outreach Services for Seniors and recreational and social programming previously offered at Sycamore Senior Center is now available through senior service partners in the community. You can find detailed information on local senior programs on our website, www.mkoutreach.org.



Meals on Wheels

The Home Delivered Meals Program provides nutritious meals for homebound older adults who are unable to prepare meals themselves. Volunteers deliver this lunch Monday through Friday with optional meals provided for weekends.

Meals are available on a donation or a private pay basis. As the elderly population continues to grow so does the need for Meals on Wheels services in the Cincinnati suburbs.

The Meals on Wheels program now serves 265 clients per month which accounts to 72,986 meals delivered throughout the year in 17 communities.

Transportation

Maple Knoll Outreach Services for Seniors offers transportation Monday through Friday to Medical appointments, Therapy treatments, organized grocery trips, Maple Knoll Village for the Wellness Center and public events as well as other vital stops. A wheelchair accessible van is also available for those requesting assistance.

Last year alone, the transportation program provided services for 75 clients per month which accounted for 4,890 trips reaching over 51,097 miles.

For more information please call us at 513.984.1234.



Maple Knoll Home Health Services

Maple Knoll Outreach Services for Seniors offers Medicare-certified, home health care to support health and wellness into the home.

Services include professional nursing care, physical, occupational and speech therapies, personal care and homemaking. Please call 513.782.2456 for more information.

Friendly Caller Program

Maple Knoll Outreach Services for Seniors connects volunteers with Meals on Wheels clients for weekly check ins through friendly calls. Meals on Wheels clients receive these calls on days they are not scheduled to receive a delivery. This allows for social interaction as well as ensuring that the clients are remaining safe.



Volunteer Opportunities

Volunteering is a rewarding way to get involved, meet people and it's fun! Many volunteer opportunities are available at Maple Knoll Outreach Services for Seniors, including Home Delivered Meals drivers, Friendly Callers, and Handyman services just to name a few.